

Food Pantry Donation List



Bread/Grains

- cereal
- pancake/muffin mix
- pasta
- rice
- canned pasta meals
- packaged rice meals
- beans
- lentils
- _____

Meat

- canned chicken
- canned tuna
- canned salmon
- sardines
- spam
- _____

Beverages

- shelf-stable milk
- baby formula
- juice boxes
- _____

Cans/Jars

- applesauce
- canned cherries
- canned peaches
- canned pears
- canned pineapple
- canned fruit cocktail
- canned beans
- tomato sauce
- canned veggies
- canned corn
- canned peas
- meal kits
- allergen-free meal kits
- soups/stews
- chili
- _____

Snacks

- crackers
- granola bars
- peanut butter
- nuts
- _____

Staples

- flour
- sugar
- cornstarch
- baking soda
- baking powder
- salt
- pepper
- chili powder
- cinnamon
- cumin
- garlic powder
- onion powder
- oregano
- paprika
- vanilla
- lime/lemon juice
- maple syrup
- mayonnaise
- mustard
- ketchup
- soy sauce
- vinegar
- _____

Non-Food Items

- toilet paper
- paper towels
- bleach
- sanitizers
- menstrual products
- diapers
- wipes
- shampoo
- conditioner
- soap
- socks
- underwear
- _____

* Avoid

- * junk food
- * meal kits that need extra ingredients
- * products with thin or damaged packaging
- * expired food
- * perishable food
- * baked goods